

Hello Friends,

With the winter season here, we typically lean into the coziness of family traditions, gatherings and friends. Although the ways we connect and share our love with each other this year may look less like sharing traditions in-person, and more like phone and video chats, we can still find inspiration. We have weathered a very tough 2020 and hopefully we can enter into a new year with much better times ahead. We are looking forward to opening the doors to the center again real soon. We miss your smiling faces, we miss your conversations and laughter. Until then keep a schedule, get dressed—even if you're not going anywhere, learn something new, take good care of yourself and others. Be Safe, healthy and we hope to see you soon!

Debb, Nicky, Joy, Joyce, Carol, Karen, Billie, Fran & Donna

The **SILVER**
STREAK

January

WE ARE

TEMPORARILY CLOSED UNTIL
FURTHER NOTICE

Violet Oldenski
Chair, Board of Directors

Debb Sabbatis
Executive Director

Nicky Geiger
Program Coordinator

Bob Geiger
Councilman
Town Board Liaison

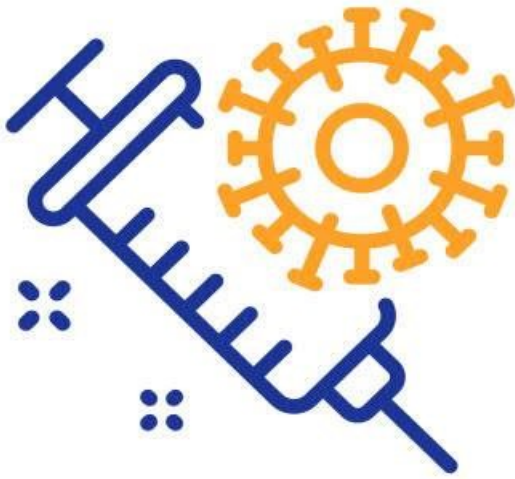
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COVID-19 Vaccine Scams



While many New Yorkers await a COVID-19 vaccine, scammers are acting quickly to get your personal information.

- If someone tells you a vaccine is available right now, it's a scam.
- You should only get a vaccine from a trusted source such as your doctor.
- Don't click on social media posts, texts or email links selling cures.

Who will be first in line to receive the vaccine is yet to be decided, but remember:

- You cannot pay to put your name on a list to get the vaccine.
- You cannot pay to get early access to the vaccine.
- Nobody will call you about the vaccine and ask for your Social Security number, Medicare number, bank account or credit card number.

Report It

- **Your NYS Senior Medicare Patrol can help** if you have questions concerns or complaints about COVID-19 fraud and vaccine scams. **Call 800-333-4374** for more information.

STATE WIDE
New York StateWide Senior Action Council, Inc
275 State Street, Albany, NY 12210 • 800-333-4374 • Fax 518-436-7642
www.nysenior.org

New York State
SMP
Empowering Seniors To
Prevent Healthcare Fraud

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CLARENCE SENIOR CENTER CLOSED FOR RECREATIONAL ACTIVITIES

Effective Monday, November 23, 2020 until further notice, the Clarence Senior Center has shut its doors again for recreational programming due to the COVID-19 PANDEMIC.

The Center will be closed to the public but the following services WILL continue:

Office Staff will still be available by phone to answer questions and provide assistance at 633-5138, M-F, 9am-3:30 pm

Pam Macadlo, Outreach Coordinator, is still available to assist seniors, Call 636-3070 for assistance

FeedMore WNY will still coordinate delivery of HOME DELIVERED MEALS for homebound seniors

The van service will be utilized to deliver meals to those unable to pick up the frozen meals and possibly to take people grocery shopping. Our van service is unavailable for medical appointments.

Other transportation options: Erie County Going Places Service-858-7433; Rural Transit-565-3323; Hearts & Hands-406-8311.



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NEW YEAR'S RESOLUTIONS

- * Start a Meditation Practice
- * Pick Up a New Hobby
- * Read More Books
- * Be Kinder To Yourself and Others
- * Stress Less
- * Drink More Water
- * Do Random Acts of Kindness
- * Stay In Touch With People
- * Spend More Time With Family & Friends
- * Have More Patience
- * Learn Something New Each Day
- * Move More
- * Enjoy The Little Things
- * Get Organized
- * Get Fit And Healthy
- * Get More Sleep
- * Let Go Of Grudges
- * Be More Positive
- * Spend Less Money
- * Keep Your New Year's Resolutions!



ERIE COUNTY STAY FIT DINING

As of November 16th Erie County paused the Stay Fit Dining Program until further notice. However, frozen meals will be available for curbside pick-up once a week. You have a choice of 3 or 5 frozen meals per week. The suggested contribution is \$3 per meal. If you are interested please contact Nicky to register at 633-5138.