

Clarence Senior Center
4600 Thompson Road
Clarence, New York 14031

NON-PROFIT
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Clarence, NY
14031

TIME VALUE

January 2010

The *SILVER* STREAK

Bill Westley
Chairman of the
Board of Directors

Karla R. Madrid
Executive Director

Debbie Santiago
Program Coordinator

Phone: 716.633.5138
Fax: 716.633.2276
Email: clrsc@roadrunner.com



Clarence Senior Citizens, Inc.

4600 Thompson Road

Clarence, NY 14031

Phone 633-5138

Fax 633-2276

Email: clrsc@roadrunner.com

The mission of Clarence Senior Citizens, Inc. is to provide social, recreational, educational, and nutritional programs, as well as opportunities for volunteerism, to persons in the community who are fifty five and older.

Regular Business Hours

Monday - Friday: 9:00 am - 4:00 pm (Doors open at 8:50 am)

Wednesday evening 6:30 - 9:30 pm (Doors open at 6:15 pm)

Outreach Services: Friday: 9:30 - 11:00 am.

Parking

Due to the limited number of handicapped parking spaces available, please consider those most in need when using your handicapped tag.

Sign In Procedures

All who enter the building **must** sign-in upon arrival and sign-out upon exiting. Member sign-in is located in the foyer and guest sign-in is located in the office.

Van Transportation

Van transportation is available to members on a first call, first reserved basis. **Please call the office to make or to cancel a reservation.** To help defray the cost of transportation, a suggested donation of \$1 each way is greatly appreciated.

Shopping is available four afternoons each week with a limited number of seats available. Shoppers leave from the center at 1:00 p.m. for an hour at the store and are then taken home.

- Monday: Tops
- Tuesday: Wal Mart
- Wednesday: Dash's
- Friday: Wal Mart

The Van will take shoppers to Eastern Hills Mall on Wednesdays, January 6th & 13th.

On the Cover:

Happy New Year Greetings!

Center Staff

Executive Director Karla R. Madrid

Program Coordinator..... Debbie Santiago

Program Associate Carol Serviss

Bookkeeper..... Tammy Anderson

Office Manager Susan Shisler

Office Assistant..... Joyce DePronio

Nutrition Coordinator..... Roger L. Moren

Transportation Ken Adams

.....

MOW Site Manager Mary Lou McDermott

MOW Office 633-9783

Outreach Services ... Jessica Colvin@636-3070

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Bulletin Boards

Please check the bulletin board across from the office for important notices, including Board of Directors information, meeting minutes, and scheduled meetings.

Bulletin boards containing member information, announcements, scheduling, and such are located throughout the hallways. Check for information on day trips, travel, volunteering and various special events.

Please bring any notices you wish to have posted to the office. The staff will then post them appropriately. Postings are normally kept up for one month.

Please Remember . . .

We do not give out confidential information such as phone numbers, addresses or personal information. If you wish to share this information with someone at the center, you need to do so on your own.

Please be sure to inform the office of any address, phone number or emergency contact changes.

From the Executive Director...

Dear Friends,

Know that you walk amongst very kind and generous people at our Center. Over the last several weeks, the outpouring of good deeds by our Center members has been truly amazing. So many have gone the extra mile to help here in our Center and in ways that go far reaching into our community. Whether it was helping with cookie baking, or bringing in socks and slippers for our "gift of warmth" drive, or the making of gifts that were given to underprivileged children and seniors, or donating food items given to the food pantry, thank you for giving our Senior Center a good name and for making me feel so very proud to work for and with members of the Clarence Senior Center.

Wishing you all the best in the New Year!

Karla

From the Board Chair...

Welcome to the new year!

The members of the board and the staff want you to have a 2010 as "good as it can be". The CSC will exceed the excellent year of 2009 with more good programming, activities, and events and will try to better the things that we already enjoy. Everyone, have an open attitude of trying (and hopefully enjoying!) a new activity in 2010.

Make a New Year's resolution to pass on an idea, to compliment something that someone does, or simply to take pleasure in your Center and come more often.

Bill Westley
Board Chair

Welcome New Members...

Barbara & Robert Anderson, Patricia Cone, Sister Ann Hedges,
Susan Koenig, Mariann Martin, Levi Mast, Donna Metz, JoAnn & Rob Mikulec,
Antoinette Miller, Shirley Moore, Cheryl Morgan, Carol Neuhaus, Maureen Shelting,
Renee Sliwinski, Carol & Edward Sobczak, Marcia Williams, Karin Yerger

FIND YOUR NAME "HIDDEN" IN THE SILVER STREAK AND COME TO THE OFFICE TO PICK UP YOUR TWO FREE CSC LUNCH CERTIFICATES

The Van will take shoppers to Eastern Hills Mall on Wednesdays, January 6th and 13th.

Friday, January 1st
The Center is Closed

Monday, January 4th
1:30 p.m.
Book Group

The January book selection is
The Shack: Where Tragedy Confronts Eternity
By William P. Young

The February book selection is
The Great Gatsby
By F. Scott Fitzgerald

All are welcome to join our discussion!

Wednesday, January 6th
1:15 p.m.
Classic Movie



"The Maltese Falcon"
(1941)

Starring Humphrey Bogart & Mary Astor

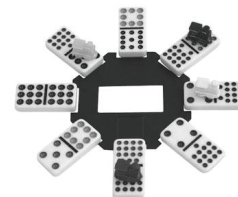
A private detective takes on a case that involves him with three eccentric criminals, a gorgeous liar, and their quest for a priceless statuette.

Friday, January 8th
10:00 a.m.
CSC Travelers Meeting

All members interested in travel are invited to attend today's meeting to discuss our 2010 travel plans. See page 12 for trip details.

Friday, January 8th
Friday, January 15th
1:00 p.m.

***Mexican Train
Dominoes Tournament***



There will be a random drawing for seating and the best scores at each table will compete the second week to determine 1st, 2nd, 3rd, and 4th place winners.

If you are interested in competing in this tournament, *please register in the office.*

Monday, January 11th
1:30 p.m.

What's Cookin' with Roger

Join CSC Nutrition Coordinator Roger Moren to prepare Monkey Bread and Peanut Brittle. Roger will instruct and assist you in the preparation, and of course you will sample your creation and take some home as well. Cost for class is \$1.00.

Space is limited. Please sign up in the office.

Tuesday, January 12th
1:00 p.m.

Word Processing w/Mary

Mary Stefano will be teaching this hands-on intro to word processing. Advanced users are also welcome. Learn to create, format, print and save your documents.

*Registration is required in the office.
Class size is limited!*

Tuesday, January 12th
1:30 p.m.

Antiques To Go

Buttons! Buttons! Everyone has buttons! Bring in your unique ones to "show and tell" or just come and enjoy all the treasures!

All are welcome to attend!

Tuesday, January 12th
2:30 p.m.
Widows & Widowers Group

All are welcome to join us today for friendship and conversation. Refreshments will be served.

Wednesday, January 13th
1:15 p.m.
History of Blues Music

Center member and past president of the Blues Society of WNY, Cecil Davis, will return with a **new** presentation on the history of Blues music. Cecil will share his knowledge of the Blues through video and listening to various selections and a discussion period.

Please sign up in the office if you plan to attend.

Wednesday, January 13th
5:00 p.m.
Potluck & Game Night



All members are welcome for this evening of food and fun! Please bring a dish to pass. Beverages will be provided. Doors will open at 5:00 and dinner will be served at 5:15 p.m. Afterwards, play cards, dominoes, or try your hand at Wii bowling!

Please sign up in the office.

Thursday, January 14th
10:00 a.m.
Univera

Univera workshops are informal, informational, and easy to understand. Whether you are just becoming eligible for Medicare or you are already a member and looking for clarification of the rules of Medicare, this workshop is a great way to stay informed.

This workshop will be repeated on
Wednesday, January 27th at 1:00 p.m.

Monday, January 18th
The Center is Closed.



Wednesday, January 20th
12:30 p.m.
Birthday Lunch

Birthdays are special. Join us to celebrate this special occasion. Cake will be served with lunch and those celebrating a January birthday will receive a special gift. The suggested donation for lunch is \$2.50.

Please sign up on the designated birthday sheet on the nutrition board.

Wednesday, January 20th
1:15 p.m.
Movie: "My Sister's Keeper"

PG-13 109 Minutes

A drama about parents who resort to unorthodox methods in order to save their young daughter's life, only to find their decision coming back to haunt them in a manner neither could have ever foreseen.

Encore presentation tonight at 6:30 p.m.
and Friday, January 22nd at 1:15 p.m.

Wednesday, January 20th
1:15 p.m. & 6:30 p.m.
**What You Need to Know
to Buy a Computer**



Are you looking for a new computer? Computer Guru and Center member Dave Schupp will share his expertise in what to look for when purchasing a new computer.

Please register in the office.



WEEKLY SCHEDULE


<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
9:00 So-Sewers	9:00 Men's Bridge	9:00 So-Sewers	9:00 Full Body Workout	9:00 Intermediate Bridge
9:00 Stretch & Tone	9:15 Women's Bridge (Foursome only)	9:00 Beg.Line Dance	Carl Schaeffer... you are a winner!	9:30 – 11:00 Senior Outreach Program (636-3070)
9:00 - 11:00 Computer Support 1/11 & 1/25	10:00-12:00 Blood Pressure Screenings	9:30 Ceramics	10:00 Beginner Bridge	10:-00 - 12:00 Computer Support 1/8 & 1/22
9:30 Ceramics	11:30 Resistance Training	9:30 Woodworking		11:30 Resistance Training
9:30 Chess	11:30 Tai Chi	9:30 Euchre		
9:30 Woodworking		9:30 Line Dance		
10:15 Tap Dancing		10:00 - 12:00 Computer Support		
11:30 Lyrical Jazz				
Noon Billiards	Noon Billiards	Noon Billiards	Noon Billiards	Noon Billiards
12:30 LUNCH IS SERVED	12:30 LUNCH IS SERVED	12:30 LUNCH IS SERVED	12:30 LUNCH IS SERVED	12:30 LUNCH IS SERVED
1:00 Poker	1:00 Intermediate Bridge	12:30 Bridge	12:30 Duplicate Bridge	1:00 Pinochle
1:15 Wii Bowling	1:00 Poker	1:00 Poker	1:00 Poker	1:00 Poker
2:30 Ping Pong (please call in advance for table set-up)	1:00 Chair Pilates	1:00 Watercolor Class	1:15 Bingo	1:00 Dominoes
	1:15 Shuffleboard	6:30 Woodworking 6:30 Pinochle Pool Shuffleboard	1:30 - 3:00 Computer Support	

Call the office for more information on any of these activities.

*All activities listed on the schedule are subject to time and date change and/or cancellation.

January Special Events Calendar



Su	Mon	Tue	Wed	Thu	Fri	Sa
					<p><i>1</i></p> <p>The Center is Closed Today!</p> 	<p><i>2</i></p>
3	<p><i>4</i></p> <p>1:30 Book Group</p>	<p><i>5</i></p>	<p><i>6</i></p> <p>11:00 Visit w/Kobey</p> <p>1:15 Classic Movie "The Maltese Falcon"</p>	<p><i>7</i></p>	<p><i>8</i></p> <p>10:00 CSC Travelers</p> <p>1:00 Dominoes Tournament</p>	<p><i>9</i></p>
10	<p><i>11</i></p> <p>1:30 Cooking w/Roger</p>	<p><i>12</i></p> <p>1:00 Word Processing 1:30 Antiques to Go 2:30 Widows/Widowers</p>	<p><i>13</i></p> <p>1:15 History of the Blues</p> <p>5:00 Potluck Dinner & Game Night</p>	<p><i>14</i></p> <p>9:00 Board Meeting</p> <p>10:00 Univera</p>	<p><i>15</i></p> <p>1:00 Dominoes Tournament</p>	<p><i>16</i></p>
17	 <p><i>18</i></p> <p><i>The Center is Closed.</i></p>	<p><i>19</i></p>	<p><i>20</i></p> <p>12:30 Birthday Lunch 1:15 & 6:30 "How to Buy a Computer" Class 1:15 & 6:30 Movie: "My Sister's Keeper"</p>	<p><i>21</i></p> <p>10:00 Nature Explor. "Chili in the Park"</p> <p>10:00 BC/BS</p>	<p><i>22</i></p> <p>11:00 New Member Welcome</p> <p>1:15 Movie: "My Sister's Keeper"</p>	<p><i>23</i></p>
24	<p><i>25</i></p> <p>1:15 Bob Poczik's "Ben Franklin"</p>	<p><i>26</i></p> <p>1:00 RSVP Orientation</p>	<p><i>27</i></p> <p>11:00 Visit w/Kobey 1:00 Univera 1:30 Out & About WNHS Planetarium 6:30 Alzheimer's Presentation 7:00 Alzheimer's Support</p>	<p><i>28</i></p>	<p><i>29</i></p>	<p><i>30</i></p>
31	<p>1:30 Couple's Club</p>					

Thursday, January 21st
10:00 a.m.

Nature Explorers – Chili in the Park

It's time for the annual snow party at the Town Park on Main Street. Bring your snow shoes or cross-country skis for a short trek in the park or just join us in the Clubhouse for lunch and to play games. The chili pots will be on! Bring your own place setting and beverage. Sign-up on the Nature Explorer's bulletin board.

Thursday, January 21st
10:00 a.m.

BlueCross BlueShield of Western NY

A Representative from BlueCross BlueShield will be available to answer questions you may have concerning your current policy or the rules of Medicare.

Friday, January 22nd
11:00 a.m.

New Member Welcome



This is a great opportunity for new members, as well as not so new members, to “meet and greet” and learn more about the Center. A tour of the building will be given and light refreshments will be served.

Please let the office know if you plan to attend.

Monday, January 25th
1:15 p.m.

***A Bob Poczik Presentation
“Benjamin Franklin”***

Benjamin Franklin is perhaps the most remarkable figure in American history. The greatest statesman of his age, he played a pivotal role in the formation of the American republic. Come to this special session and learn more about this rare and fascinating individual who was so far ahead of his time in every respect.

Please sign up in the office.

Monday, January 25th
1:30 p.m.

Couples Club

All couples are welcome to join us for an afternoon social.

Tuesday, January 26th
1:00 p.m.

RSVP Member Orientation

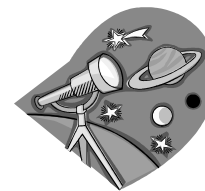
If you are a new RSVP volunteer or an active volunteer who has never attended an orientation, please plan on attending this upcoming orientation session. This 90 minute meeting will cover the history and mission of RSVP, volunteer policies and procedures, volunteer opportunities and the benefits of volunteering. Meet other RSVP volunteers and find out the many ways that RSVP is making a difference in Erie County.

*Please register in the CSC office
or call 858-7548 to register for this orientation.*

Wednesday, January 27th
1:30 p.m.

Out & About:

Williamsville Space Lab Planetarium



Have you ever dreamed of a journey into outer space? Then come along on a trip to the Williamsville Space Lab Planetarium located at Williamsville North High School. “Cosmic Journey” tells the amazing story of the universe in a touching, personal way. Drift through images from the Hubble Space Telescope and other NASA Great Observatories in a fulldome experience like no other. Cost is only \$2.00, which includes van transportation to and from the Center.

*Please sign up and pay in the office
by Wednesday, January 20th.*

Space is limited!

Wednesday, January 27th
6:30 p.m.
***An In-Depth Look at
Alzheimer's Disease***

A representative from the Alzheimer's Association of WNY will provide an in-depth look at dementia and Alzheimer's disease. This presentation will include information on the diagnostic process, the stages and symptoms as well as a question and answer period.

Please sign up in the office.

Wednesday, January 27th
7:00 p.m.
Alzheimer's Support

This group provides support, information, and resources to anyone touched by Alzheimer's.

Looking Forward...

Friday, February 12th
Valentine's Luncheon

Tuesday, February 16th
Mardi Gras Luncheon

Wednesday PM, February 24th
***International Night at the Center
"Italian"***

VOLUNTEER OPPORTUNITY

The CSC is looking for a Volunteer Coordinator who will provide a focal point for volunteers and volunteerism within the Center and in the community. Under the supervision of the Program Coordinator, the Volunteer Coordinator will act as a link between staff and volunteers.

Additional information is available in the office.

Theatergoers News...

**Thursday, February 25th, 2010
2:30 p.m.
The Lancaster Opera House**

"The Mousetrap"

This play is one of the greatest thrillers on the world stage from the master of the mystery genre, Agatha Christie. The play is about a group of snowbound guests who arrive to the news that a murder has occurred. A clue at the crime scene suggests someone at the guest house will be next... but who?

Tickets are \$16
Sign up and pay in the office
by Thursday, January 21st

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**Sunday, March 21st, 2010
2:30 p.m.
The Lancaster Opera House**

**Odd Couple
(Female Version)**

Neil Simon's famous update of this contemporary classic starts with a group of women friends playing their regular game of Trivial Pursuit. This week, the coterie is meeting at the apartment of Olive Madison, a divorcee who freely admits to being a slob. "I leave a mess when I read a book." Late to arrive is Florence Unger, a stickler for detail who would try the patience of a saint, who has unfortunately just become separated from her husband. As life would have it, the slob and the fuss-budget decide to room together - with hilarious results.

Tickets are \$16
Sign up and pay in the office
by Friday, February 19th.

Income Tax Time is Approaching *Begin Planning Now*

Free federal and New York State income tax preparation will be available through the AARP Tax Aide program. This service is the nation's largest free, volunteer tax counseling program. The service is available to taxpayers of low to middle income with special attention given to those ages 60 and older, though we do returns for all Western New York taxpayers. We do not prepare returns requiring depreciation, corporate returns, or out-of-state returns.

The Clarence Tax Aide volunteers completed over 1,000 returns last year and answered numerous questions from other individuals during the tax season. All returns are computer generated with electronic filing (E-filing) used to speed refunds. Each taxpayer's return receives a quality review by a supervisor, as well as an electronic diagnosis to eliminate errors and ensure the maximum benefit to the taxpayer.

**This service will be provided in Clarence from
February 1st through April 13th 2010 at:**

Clarence Senior Center
4600 Thompson Road
Tuesdays and Fridays
12 Noon to 3 PM

Clarence Public Library
Three Town Place
Mondays and Saturdays
9 AM to 12 Noon
Thursdays
11 AM to 7PM

Tax planning takes time and effort. National economic stimulus efforts have resulted in many changes beneficial to taxpayers. To take advantage of these, please begin preparing for your visit with us. Remember to bring the following with you when you arrive at our site:

- A copy of last year's return
- W2 forms from each of your 2009 employers
- Unemployment statements
- SSA-1099 forms for Social Security
- All forms that show interest, dividends and miscellaneous income
- Any form which indicates a cancellation of debt
- 1099R forms if you received a pension or annuity
- 1099B forms that show stock sales. (Be sure you have the original purchase date and original cost of any shares you sold).
- Details on the sale or purchase of a home in 2009
- Sales receipt for any new car you may have purchased in 2009, whether or not you itemize
- Receipts for any improvements to your home which were Energy Star rated
- Written documentation of your property taxes, whether or not you itemize.
- Educational expenses (student loans, tuition, books, computers, school supplies)
- If you itemize, you will need a listing of medical expenses (including health and long term care insurance payments), mortgage interest and job related expenses.
- Social security numbers for all your dependents and your own ID
- A copy of a check from your checking account (or your savings account number) if you wish direct deposit for a quick refund.
- Whenever possible, both parties filing a joint return should be present to sign the return.

We look forward to preparing your return!

IMPORTANT NOTICE...

Pursuant to Town policy, the Center Van may not pull into any driveway that is not plowed and/or reasonably clear from snow and/or ice so as to avoid the possibility of the Van becoming stuck and thus unavailable to other members of the Senior Center.

Did You Renew Your Membership??

All 2009 CSC memberships expire on December 31st. Don't miss a single issue of "The Silver Streak!" Stop in the office to renew your membership.

2010 Dues
\$5.00/individual
\$7.50/couple

Associate Membership
\$12/individual
\$18/couple

Computer Support

- Dave Schupp is available to provide general computer assistance from 9:00 to 11:00 a.m. on Mondays, January 11th & 25th.
- Ron Butler is available from 10:00 a.m. until noon on Wednesday mornings for general assistance.
- Jo Rogan will be available every Thursday from 1:30 to 3:00 for basic computer and internet support.
- Gus Cenkner will be available for instruction in computer fundamentals on Fridays, January 8th & 15th from 10:00 to 12:00.

Computers for members are located in the CSC library. They are available for use 9:00 a.m. to 3:45 p.m. Monday - Friday. The computers are also available on Wednesday evenings 6:30 p.m. – 9:15 p.m. Please note that first-time users must sign the "Rules for the Use of Public Computers" available in the front office.

Save Your Receipts!

For every \$100 worth of cash register receipts collected, Dash's Market will donate \$3.50 to the Center. Please save your Dash's receipts and drop them off in the box located in the front lobby.

To date, the Center has received over \$3500 from Dash's! Thank you to all who have contributed.

Soldier Care Packages

The CSC is a drop off site for donations for our military troops. Many thanks to the Clarence American Legion Auxiliary 838 for assembling the packages and getting them to the soldiers.

Suggested Items:

Travel size soaps, shampoos, conditioners, lotions & creams, disposable razors, hand sanitizer, lip balm, sun block, small combs, small pkgs. of tissues, pens, pencils, note pads, small hand held games, playing cards, puzzle books, gum, hard candy, black socks.

Thinking of You . . .



Our sincere sympathy is extended to the family and friends of the members who recently passed away.

***Calvin Smith
James Archibald***

As a 501 (c) (3) charitable not-for-profit organization, the Clarence Senior Center is able to accept tax deductible contributions to be used for the benefit of the Center and its members.

SUBMISSION DEADLINE FOR THE FEBRUARY NEWSLETTER IS JANUARY 12TH.

Travel News

Wednesday, June 9 - Friday, June 11, 2010

The Thousand Islands

- Round-trip chartered motorcoach transportation between Clarence & the 1000 Island Region.
- Two nights accommodations, two breakfasts, two lunches, and one dinner.
- Visit to Alexandria Bay, including a two hour narrated Boat Tour and a visit to Boldt Castle.
- Ron & Nancy OneSong's Country Jukebox Jubilee at the Clayton Opera House.
- Ferry ride from Cape Vincent to Kingston, Ontario w/Luncheon at the General Wolfe Hotel.
- "River Rat" Cookout at Grass Point State Park on the St. Lawrence River.

Price per person: \$399 Double \$369 Triple \$489 Single

Sign up with a \$50 deposit by JANUARY 23rd and get a free Cancellation Protection Plan

Thursday - Sunday
September 16 - 19, 2010

Historic Gettysburg, Pennsylvania
\$479 / person based on double occupancy

Monday - Thursday

November 15 - 18, 2010

Wheeling, WV Festival of Lights
\$479 / person based on double occupancy

DAY TRIPS

Wednesday, February 10th, 2010

"Swing for Victory"

at the Downstairs Cabaret Theater
in Rochester, NY

A musical tribute to "The Greatest Generation"

Lunch at Mario's Italian Steakhouse

Leave the Center at 10:00 a.m.

Return at approximately 5:30 p.m.

\$79 per person

Thursday, March 18th, 2010

"Shamrocks & Shenanigans"

at the Auburn Holiday Inn

A delicious sit-down lunch followed by

Irish Tunes & Humor w/Laura Roth

Leave the Center at 9:00 a.m.

Return at approximately 5:15 p.m.

\$79 per person

For further information about these trips and future trips, attend the monthly
CSC Travelers meeting. Next meeting is Friday, January 8th at 10:00 a.m.

Brochures for all trips are available at the Center.

Please note...all trips must be paid for by check.

Thank you for your cooperation!

Did You Renew Your Membership??

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expire on December 31st.

Stop in the office to
renew your membership.

2010 Dues

\$5.00/individual

\$7.50/couple

Associate Membership

\$12/individual

\$18/couple